



D.C. Hunger Solutions

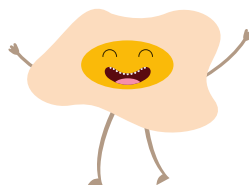
Ending hunger in the nation's capital

# Start the Day Right with School Breakfast

## The School Breakfast Program

Ensures millions of low-income children receive a healthy breakfast to start their school day

Thanks to the D.C. Healthy Schools Act, School breakfast is FREE for ALL D.C. public and charter schools! Making breakfast part of the school day provides essential nutrition to students, supports low-income families, and develops community within a school.



Participation in the School Breakfast Program has been shown to improve academic performance, reduce behavioral problems, and improve children's diets. School breakfast is an all around win for D.C. students, parents, and families!

## During School Year 2016-2017

**5,789,771**

Total number of breakfasts served in the District during SY16-17

**\$11,157,491**

Amount D.C. schools received in reimbursements for the School Breakfast Program during SY16-17

**34,432**

Total number of children in the District that participate in the School Breakfast Program in SY16-17

**206**

Total number of schools participating in the School Breakfast Program, where in D.C. all students eat breakfast for free

**23.3%\***

Number of households with children in D.C. that experience food hardship; the fourth highest in the nation

\*FRAC Food Hardship Report, September 2016

## D.C. Hunger Solutions Can Help By

**Advocating** for policy improvements to make school breakfast work for low-income families and improve meal quality;

**Conducting** outreach to increase student participation in School Breakfast;

**Assist** in applying for the Community Eligibility Provision, if you are eligible;

**Promoting** the Healthy Schools Act;

**Implementing** best practices like Breakfast After the Bell to improve meal quality and meal participation.